1. Each team will consist of seven players—-one goalkeeper and six other players. Coed teams must be comprised of 3 males, 3 females and a goalkeeper of either sex. Six players must be present to avoid forfeit, at least three women in co-ed. Teams may continue to play with less than this minimum if someone leaves the game due to injury. In co-ed, a goal scored by a female counts as 2 points.

2. The game will consist of four 5-minute quarters. The clock will stop in the last two minutes of both the second and fourth quarters if there is a two goal differential or less. A 2-minute interval exists between quarters to allow for substitutions. A coin toss will determine starting ends and ends will change after each quarter.

3. If a game ends in a tie, successive 2-minute sudden death periods will be played until a winner is determined.

4. Each team is permitted one, 2-minute timeout. A team must be in possession of the ball when asking for a timeout.

5. Penalty shots will be taken 4 meters from the front of the goal. Only the goalkeeper may attempt to block the shot. All other players must be 4 meters from the shooter.

6. No shots may be taken within the 2-meter area.

7. Ordinary fouls consist of the following:
   a. Holding, pushing off, pulling, tackling, and dumping an opponent.
   b. Striking the ball with a closed fist.
   c. Deliberately splashing an opponent
   d. Pushing or pulling along the side of the pool.

8. Personal fouls result in the offending player sitting out for 45 seconds. They are:
   a. Interfering with a free throw.
   b. Committing an ordinary foul from behind an offensive player attacking their offensive goal.
   c. Consecutive ordinary fouls or disobeying an official.

9. All players must sit in tubes with both legs hanging over the edge.

10. Any player in possession of the ball may be dumped from his/her tube.

**WARNING:** This event is played in the water. Inner tubes are not USCG Approved Floatation Devices. Participants who are not competent swimmers ought **not** to participate.