

A. Safety & Judgement

Each participant must:

- Follow instructions given by others to successfully perform appropriate techniques to avoid hazards and/or manage risks.
- Be able to notify instructors or participants of personal distress, injury, or need for assistance.
- After instruction, wear and properly use all required equipment pertaining to activity.

B. Leadership & Trip Behavior

Each participant must:

- Work effectively as a member of a team despite potentially stressful and difficult conditions. This may require problem solving on an interpersonal or group level as well as a willingness to accept differences.
- Contribute to a safe learning environment; no verbal or physical inappropriate behavior of others is tolerated for any reason.
- Be able to willingly and equitably share responsibility with tent mates in daily tent group chores (exceptions may be made for approved accommodations). Each participant may not do an equal share each day, but over a period of several days each participant should do a proportionate share.
- Remain adequately hydrated, fed, and properly dressed so as to remain generally healthy and be able to avoid environmental injuries.

C. Outdoor Living Skills

Each participant must:

- Be able to move about the campsite in order to attend lessons, toileting needs, and contribute to camping tasks as necessary.
- Live in a physically demanding backcountry environment for the uninterrupted period of the trip length. Conditions of this environment may vary depending on trip location, anywhere from cold (below minus 20° F) to hot (above 90° F) and may include inclement weather.