INTRAMURAL INDOOR 75 TRIATHLON

Intramural sports events are open to any currently enrolled student or faculty/staff, spouses or partners. Any faculty, staff, spouses, or partners who would like to play must either be a member of the Student Recreation Center or pay the $20/Semester Faculty/Staff/Spouse/Partner participation fee. Alumni may only participate if they are members of the SRC.

**Indoor 75 Triathlon**

**ENTRY FEE**
See new pricing structure below

**REGISTRATION**
August 1st – October 26th online at imleagues.com/wsustudent or at the SRC

**TOURNAMENT DATES**
Saturday, October 29th

**DESCRIPTION**
Are you ready for a challenge? Bike, run and swim as far as you can in the allotted time and you could be the Intramural Sports Indoor 75 Triathlon Champion. You will have 30 minutes to bike, followed by 30 minutes to run and a final 15 minutes of swimming to show your stuff. Participants will be allowed transition times of five minutes between the bike and run and ten minutes between the run and swim events. Each participant will be responsible for tracking his or her distance on a log sheet for each leg of the race. There will be four categories of competition: Female Student, Male Student, Female Non-Student, and Male Non-Student.

Participants will compete in groups of 10, starting every 35 minutes. Participants will be responsible for tracking their own distances. At the conclusion of the event, scores will be given based on the number of people in each category and the total distance traveled in each leg. The top distance earner in each category will be awarded points corresponding to the amount of people in his or her category. For example, if there are 21 female students, the female student who completes the furthest distance in each leg will receive 21 points. Second place will receive 20 points, third 19, and so on. The person who has the most points total from each leg will be the champion of his or her category.

Events will take place indoors at the Student Recreation Center. LeMond fitness bikes will be used. If you have any questions, please contact DJ Mackie at dmackie@wsu.edu.

**PRICING STRUCTURE**
- NO refunds will be issued after schedules have been made available.

Individuals can purchase a semester pass for $20. This pass would allow an individual to play on an unlimited number of teams for one semester (within league eligibility policy). This also allows individuals to play in all of our tournaments for one semester. If you plan to play on 2 or more teams, this is the option for you.

or

Individuals can pay $10 in order to compete on one team. If you plan to play on less than 2 teams, this is the option for you.

All participants must show a valid photo ID prior to each game. NO ID, NO PLAY, NO EXCEPTIONS.

**ACCESSIBILITY INFO**
University Recreation values providing programs and activities that are accessible. We are proud to provide equipment and programming that creates an inclusive environment and makes every reasonable effort to be accessible to everyone. Reasonable accommodations are available with adequate prior notification. Students with disabilities who may need accommodations to fully participate in activities at UREC must have accommodations approved through the Access Center (509-335-3417). Contact Joanne Greene at 335-9669 for more information.

**SPORTSMANSHIP...IT MATTERS!**

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