

Fall 2017 Session 2 Women's Programming October 16th – December 10th

Pick 2 Special! Purchase ANY 2 classes and receive \$10 off your purchase!
Plus, receive a free t-shirt or tank (while supplies last). Pick 2 also available online at urec.wsu.edu/fitness.

Women's Hours in Down Under 101D: 4:00-5:00 PM M-F *

Aquatics Programming

Women's Only Open Swim is located in Smith Pool on Monday and Wednesdays, 7-8pm during the school year.

	Class	Days	Time	Location	Instructor	Chinook & FSFP Pricing	SRC Member Pricing
<input type="checkbox"/>	Women's Only-Beginner Swim Lessons Session 2	Mon	5:30-6:15pm	Smith Gym	\$45	\$55	10311
<input type="checkbox"/>		Wed	5:30-6:15pm	Smith Gym	\$45	\$55	10312
<input type="checkbox"/>	Women's Only-Intermediate Swim Lessons Session 2	Mon	6:15-7pm	Smith Gym	\$45	\$55	10313
<input type="checkbox"/>		Wed	6:15-7pm	Smith Gym	\$45	\$55	10315

Fitness Programming– Have Fun & Stay Fit!

	Class	Days	Time	Location	Instructor	Chinook & FSFP Pricing	SRC Member Pricing	Non Member Pricing	Item #
<input type="checkbox"/>	Pink Gloves Boxing	Mon, Wed	4:00-4:50 PM	SRC 245	Jess W	NA	\$48	NA	10319
<input type="checkbox"/>	Women's Only Yoga @ 90, Late Eve.	Mon, Wed	8:20-9:20 PM	Chin. 22	Katherine	NA	\$48	NA	10316
<input type="checkbox"/>	Women's Only Zumba	Mon, Wed	8:10-9:00 PM	SRC 245	Sung	NA	\$24	NA	10314

Punch Cards – not included in Pick 2 Special

	Class	Eligibility	Price (m)	Price (nm)
<input type="checkbox"/>	1 Class Card	Eligible for entry to any fitness class if space available	\$6	\$7
<input type="checkbox"/>	5 Class Card	Eligible for entry to any fitness class if space available	\$21	\$24
<input type="checkbox"/>	10 Class Card	Eligible for entry to any fitness class if space available	\$36	\$42

Register for classes in person or online at: UREC.WSU.EDU

Cougar Card: ALWAYS bring your Cougar Card to class for check in purposes. **Accessibility:** Reasonable accommodations are available with adequate prior notification. Contact Joanne Greene or Jeff Elbracht at 335-9669 for more information. **Refund Policy:** With receipt or proof of purchase, our refund policy is: full refund given within six days after the start of class, 50% refund within thirteen days after the start of class. No refund will be given after 13 days of the start of class. **Class Cancellation:** To keep costs low, all classes are assessed for cancellation at the end of the first week of the session. Participants in classes with low enrollment will be given the option of a full refund or transfer into another class.

