



# Masters Swim and Water Polo Fall 2009

## PLEASE READ BEFORE SIGNING!

### Assumption of Risk, Release of Liability and WARNING!

In consideration for being allowed to utilize University Recreation programs, services, facilities and equipment as well as traveling to or from any activity or program organized or affiliated with the University Recreation Department, either on or off any Washington State University properties, I voluntarily agree to assume all risks involved in participating in, traveling to or from, or using University Recreation programs, services, facilities and equipment. I understand that direct supervision by Washington State University staff may not be provided and by participating in, traveling to or from, or using the programs, services, facilities of University Recreation, I expose myself to the risk of injuries including but not limited to temporary or permanent muscle soreness, sprains, strains, cuts, abrasions, bruises, ligament and/or cartilage damage, head, neck or spinal injuries, loss of use of arms and/or legs, eye damage, emotional trauma, disfigurement, drowning or death. I also recognize that there are both foreseeable and unforeseeable risks of injury or death that may occur as a result of my participation in, traveling to or from, or use of University Recreation programs, services, facilities, and equipment that cannot be specifically listed. I also recognize that the actions of other users of University Recreation programs, services, facilities, and equipment may cause harm or loss to my person or property and agree to assume the risks of same.

### Release of Liability

I, my heirs and assigns hereby release the State of Washington, the Regents of Washington State University, Washington State University, the University Recreation Department, and the employees, agents or representatives of Washington State University (hereafter referred to as the UNIVERSITY GROUP) from any and all liability, claims, costs, expenses, injuries or losses including those resulting from acts of negligence by the UNIVERSITY GROUP that I may otherwise sustain as a result of my participation in, traveling to or from, or using University Recreation programs, services, facilities and equipment. I also release the UNIVERSITY GROUP from loss or damage to my person or property caused by other users of University Recreation programs, services, facilities, and equipment.

If any part or portion of this Assumption of Risk and Release of Liability is determined to be invalid or unenforceable, the remaining parts or portions shall be enforceable. This release and all matters related to your activities involving Washington State University shall be governed by and interpreted in accordance with Washington law.

I have carefully read this Assumption of Risk and Release of Liability and fully understand its contents. I am aware that this Assumption of Risk and Release of Liability is a contract between the UNIVERSITY GROUP and myself and I sign it of my own free will.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

THIS DOCUMENT WILL BE CONSIDERED EFFECTIVE FROM THIS DATE FORWARD.

*If participant is 17 years old or younger, please use a Youth registration form.*

Name (please print): \_\_\_\_\_

Signature of the Witness to the Signing of this document: \_\_\_\_\_

Witness Name (please print): \_\_\_\_\_

**NOTE:** We strongly encourage you to consult with a physician before participating in any physical activity to determine any potential conditions that may adversely affect your participation. We encourage those with pre-existing conditions to wear a medical alert bracelet or neck tag indicating the appropriate medical information. We strongly recommend that all participants have a medical insurance policy, either through university offered programs or through an outside agency that will cover injuries or illness that may occur due to participation in or use of University Recreation programs, services, facilities and equipment. **If you have any questions regarding the language or details of this document prior to signing, please contact Joanne Greene at 509-335-8732, SRC Room 250, WSU.**

For Office Use Only	Date:	Amount:	Form of Payment:	Cash	Check	Credit	Cougar Cash
Renewal Bonus:	Coupon Type:						
For Main Office Use	Entered into Database:		Service Desk Staff Initials:				



# Masters Swim and Water Polo

## Fall 2009

### Masters Swimming

<input type="checkbox"/> Masters AM Session I Tues, Thurs & Fri, 8/25-10/16 ( <i>register by 8/24</i> ) 5:20 AM – 6:50 AM, Gibb Pool \$70 SRC Members / \$80 Non-Members	<input type="checkbox"/> Masters PM Session I Mon & Wed, 8/26-10/14 ( <i>register by 8/25</i> ) 6:00 PM – 7:30 PM, Gibb Pool \$40 SRC Members / \$48 Non-Members
<input type="checkbox"/> Masters AM Semester Session Tues, Thurs & Fri, 8/25-12/18 ( <i>register by 10/1</i> ) 5:20 AM – 6:50 AM, Gibb Pool \$135 SRC Members / \$155 Non-Members	<input type="checkbox"/> Masters PM Semester Session Mon & Wed, 8/26-12/16 ( <i>register by 10/1</i> ) 6:00 PM – 7:30 PM, Gibb Pool \$85 Member / \$105 Non-Member
<input type="checkbox"/> Masters AM Session II Tues, Thurs & Fri, 10/20-12/18 ( <i>register by 10/19</i> ) 5:20 AM – 6:50 AM, Gibb Pool \$70 SRC Members / \$80 Non-Members	<input type="checkbox"/> Masters PM Session II Mon & Wed, 10/19-12/16 ( <i>register by 10/18</i> ) 6:00 PM – 7:30 PM, Gibb Pool \$45 Member / \$55 Non-Member

### Introduction to Water Polo

<input type="checkbox"/> Introduction to Water Polo: Session I Tues & Thurs, Sept 8-Oct 15 ( <i>register by 9/7</i> ) 6:00 PM-7:00 PM, Gibb Pool \$48 SRC Member/\$60 Non-Member	<input type="checkbox"/> Introduction to Water Polo: Session II Tues & Thur, Oct 20-Dec 3 ( <i>register by 10/19</i> ) 6:00 PM-7:00 PM, Gibb Pool \$48 SRC Member/\$60 Non-Member
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### Private Instruction

<input type="checkbox"/> One Participant \$19 single lesson, \$27 non-member \$100 for 6 lessons, \$148 non-member	<input type="checkbox"/> Buddy Lessons (must be comparable swim levels) \$25 single lesson per pair, \$41 non-member \$125 per pair for 6 lessons, \$221 non-member
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Please indicate day and time preferences (please note lessons are 30 minutes long and conducted during SRC open swim hours)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Time(s):	Time(s):	Time(s):	Time(s):	Time(s):	Time(s):	Time(s):

Please circle the objectives that best fit you to ensure proper instructor placement:

Water safety and general comfort	Just learning to swim strokes	Know some strokes but want to learn more	Advanced Stroke Refinement	Triathlon or Open swim training	Competitive Preparation	Other:
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**Refund policy:** Participants must withdraw from course one week before class begins to receive a full refund. Partial refunds will be given for cancellations from one week before the class begins to the first day of class. No refunds will be given once the course begins. 24-hour notice must be given for private lesson cancellations.

Please complete the following information and turn into the Student Recreation Center Service Counter:

Name: \_\_\_\_\_ WSU ID or Driver's License Number: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Address: \_\_\_\_\_

SRC Member:                      YES                      NO