



# Dance Classes: Fall 2009

Session II: Oct 19 – Dec 13

SRC 245

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Beginning Ballroom 7:50-8:50 PM <i>Jacob</i>  Swing 9:00-10:00 PM <i>Jacob</i>	Beginning Argentine Tango 8:00-9:00 PM <i>Caitlin</i>  Argentine Tango Guided Practice 9:05-10:05 PM <i>Caitlin</i>	Salsa 8:30-9:30 PM <i>Veronica</i>	Beginning/ Intermediate Classical Ballet 8:00 – 9:00 PM <i>Leigh Ann</i>  Advanced Classical Ballet 9:05 – 10:25 PM <i>Caitlin</i>		

SRC 256

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Beginning Capoeira 7:10-8:10 PM <i>Mason</i>	Beginning Hip-Hop 8:10-9:10 PM <i>Nicole R.</i>	Beginning Capoeira 7:10-8:10 PM <i>Mason</i>  Intermediate Capoeira 8:15-9:15 PM <i>Mason</i>	Jazz 8:10-9:10 PM <i>Kayla L.</i>		

**Registration**

Please complete the Dance & Martial Arts Registration form and return it to the Student Recreation Center Service Counter or register online at [urec.wsu.edu](http://urec.wsu.edu). With receipt or proof of purchase, our refund policy is: full refund given within six days after the start of class, 50% refund within thirteen days after the start of class. No refund will be given after 13 days of the start of class.

**Accessibility**

Reasonable accommodations are available with adequate prior notification. Contact Joanne Greene or Jeff Elbracht at 335-6639 for more information

**Class Cancellation**

To keep costs low, all classes are assessed for cancellation at the end of the first week of the session. Participants in classes with low enrollment will be given the option of a full refund or transfer into another class.



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Member    Non-Member    Days    Time

## Beginning Argentine Tango

Beginning Argentine Tango will give you the basics of tango dance, great for those just starting out! Building upon the basic skills, Intermediate Argentine Tango will explore more complex tango figures and will delve into milonga and vals styles as well. Romance comes to life when you flow to the rhythm of Argentine-Style Tango.

<i>Beginning:</i>	\$26	\$40	Tuesdays	8:00-9:00 PM	SRC 245
<i>Guided Practice:</i>	\$26	\$40	Tuesdays	9:05-10:05 PM	SRC 245

## Beginning Ballroom

Do you ever find yourself at a special event and wanting get on the floor but afraid you'll embarrass yourself? Waltz, Foxtrot, Cha Cha, Salsa, American Tango, and Polka and possibly West Coast Swing will be enough material to keep you out on the dance floor with a partner. The goal is to teach you the basics, to connect and communicate with your dance partner, and give you a small arsenal of moves so that you hit the dance floor in style.

\$26	\$40	Mondays	7:50-8:50 PM	SRC 245
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## Capoeira

Capoeira is a unique Brazilian art form that infuses dance, music, gymnastics, self-defense and the Portuguese language, giving a rhythm to life.

<i>Beginning:</i>	\$37	\$51	Mondays/Wednesdays	7:10-8:10 PM	SRC 256
<i>Advanced:</i>	\$19	\$33	Wednesdays	8:15-9:15 PM	SRC 256

## Classical Ballet

Explore ballet technique through barre, center work, and choreographed combinations.

<i>Beginning/Intermediate:</i>	\$26	\$40	Thursday	8:00-9:00 PM	SRC 245
<i>Advanced:</i>	\$33	\$47	Thursday	9:05-10:25 PM	SRC 245

## Beginning Hip-Hop

Hip-Hop is more formally referred to as a cultural movement. This cultural movement started in the 1970s in New York and became very popular. There are many styles of Hip-Hop since it is not exactly a dance but an expression. We will explore the expressive aspects of Hip-Hop through Rock and Blues, modern pop, couple Hip-Hop, group Hip-Hop, and much more.

\$26	\$40	Tuesdays	8:10-9:10 PM	SRC 256
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## Jazz

Emphasis on movement discovery and exploration through non-ballet/jazz techniques. Emphasis is placed on sequencing, organizing movement into rhythmic structure, and developing muscle strength. Classes are designed so each participant can work at their own level.

\$26	\$40	Thursdays	8:10-9:10 PM	SRC 256
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## Salsa

Salsa is a Latin American dance, where traditional ballroom posture is forgotten and creativity/flair is added into the movements.

\$26	\$40	Wednesdays	8:30-9:30 PM	SRC 245
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## Swing

Two left feet? We all started that way! We will help you trade in one of those left feet for a right one by giving you the basic tools needed to feel confident venturing out onto the dance floor. Swing is actually a large family of dances including East Coast Swing, Charleston and Lindy Hop.

\$26	\$40	Mondays	9:00-10:00 PM	SRC 245
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