



# Fitness Registration Form Fitness Passport • Mind/Body • Fall Session II

PLEASE READ BEFORE SIGNING!  
Assumption of Risk, Release of Liability and WARNING!

In consideration for being allowed to utilize University Recreation programs, services, facilities and equipment as well as traveling to or from any activity or program organized or affiliated with the University Recreation Department, either on or off any Washington State University properties, I voluntarily agree to assume all risks involved in participating in, traveling to or from, or using University Recreation programs, services, facilities and equipment. I understand that direct supervision by Washington State University staff may not be provided and by participating in, traveling to or from, or using the programs, services, facilities of University Recreation, I expose myself to the risk of injuries including but not limited to temporary or permanent muscle soreness, sprains, strains, cuts, abrasions, bruises, ligament and/or cartilage damage, head, neck or spinal injuries, loss of use of arms and/or legs, eye damage, emotional trauma, disfigurement, drowning or death. I also recognize that there are both foreseeable and unforeseeable risks of injury or death that may occur as a result of my participation in, traveling to or from, or use of University Recreation programs, services, facilities, and equipment that cannot be specifically listed. I also recognize that the actions of other users of University Recreation programs, services, facilities, and equipment may cause harm or loss to my person or property and agree to assume the risks of same.

### Release of Liability

I, my heirs and assigns hereby release the State of Washington, the Regents of Washington State University, Washington State University, the University Recreation Department, and the employees, agents or representatives of Washington State University (hereafter referred to as the UNIVERSITY GROUP) from any and all liability, claims, costs, expenses, injuries or losses including those resulting from acts of negligence by the UNIVERSITY GROUP that I may otherwise sustain as a result of my participation in, traveling to or from, or using University Recreation programs, services, facilities and equipment. I also release the UNIVERSITY GROUP from loss or damage to my person or property caused by other users of University Recreation programs, services, facilities, and equipment.

If any part or portion of this Assumption of Risk and Release of Liability is determined to be invalid or unenforceable, the remaining parts or portions shall be enforceable. This release and all matters related to your activities involving Washington State University shall be governed by and interpreted in accordance with Washington law.

I have carefully read this Assumption of Risk and Release of Liability and fully understand its contents. I am aware that this Assumption of Risk and Release of Liability is a contract between the UNIVERSITY GROUP and myself and I sign it of my own free will.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

THIS DOCUMENT WILL BE CONSIDERED EFFECTIVE FROM THIS DATE FORWARD.

*If participant is 17 years old or younger, please use a Youth registration form.*

Name (please print): \_\_\_\_\_

Signature of the Witness to the Signing of this document: \_\_\_\_\_

Witness Name (please print) \_\_\_\_\_

NOTE: We strongly encourage you to consult with a physician before participating in any physical activity to determine any potential conditions that may adversely affect your participation. We encourage those with pre-existing conditions to wear a medical alert bracelet or neck tag indicating the appropriate medical information. We strongly recommend that all participants have a medical insurance policy, either through university offered programs or through an outside agency that will cover injuries or illness that may occur due to participation in or use of University Recreation programs, services, facilities and equipment. If you have any questions regarding the language or details of this document prior to signing, please contact Joanne Greene at 509-335-9669, SRC Room 250, WSU.

Office Use Only	Date:	Amount:	Invoice #:
Form of Payment:	Cash      Check      Credit      Cougar Cash		Initials:
Renewal Bonus:			Main office initials (once entered):



# Fitness Registration Form

## Fitness Passport • Mind/Body • Fall Session II

Pick 2 Special: with a Pick 2 Coupon you can pick any two classes, or a class + passport below and receive \$10 off your purchase! Both items must be for the same person & for the same session. As an added bonus, all Pick 2 registrants get a FREE UREC yoga bag OR a T-shirt! \*Punch cards are not included in the Pick 2. NOTE: November 23– November 29 we will be offering free classes for Thanksgiving Break. Regular Session II classes will resume November 30.

		SRC Member	Non-Member	Days	Time	Location	Dates
Mind/Body Tickets (multi-day per week classes)							
<input type="checkbox"/>	Rise n' Shine Yoga	\$39	NA	MWF	6:30-7:30 AM	SRC 245	10/19-12/13
<input type="checkbox"/>	MW Pilates	\$33	NA	MW	5:30-6:30 PM	SRC 245	10/19-12/13
<input type="checkbox"/>	Endurance Yoga	\$33	NA	MW	6:40-7:40 PM	SRC 245	10-19-12/13
<input type="checkbox"/>	Sunrise Pilates	\$33	NA	TTh	6:30-7:30 AM	SRC 245	10/19-12/13
<input type="checkbox"/>	Strength n' Flow Yoga	\$33	\$39	TTh	12:05-1:00 PM	CC 201	10/19-12/13
<input type="checkbox"/>	TTh Yolates	\$33	NA	TTh	3:20-4:20 PM	SRC 245	10/19-12/13
<input type="checkbox"/>	Athletic Yoga	\$33	NA	TTh	4:30-5:30 PM	SRC 245	10/19-12/13
<input type="checkbox"/>	Yoga Flow	\$33	NA	TTh	5:40-6:40 PM	SRC 245	10/19-12/13
<input type="checkbox"/>	Yolates PM	\$33	NA	TTh	6:50-7:50 PM	SRC 245	10/19-12/13

Mind/Body Tokens (one day per week classes)							
<input type="checkbox"/>	Sunday Pilates	\$18	NA	Su	12:00-1:00 PM	SRC 245	10/19-12/13
<input type="checkbox"/>	Yoga Rocks	\$18	NA	Su	5:00-6:00 PM	SRC 245	10/19-12/13
<input type="checkbox"/>	Restorative Yoga	\$18	NA	Su	6:05-7:05 PM	SRC 245	10/19-12/13
<input type="checkbox"/>	Meditation	\$10	NA	Su	7:10-7:40 PM	SRC 245	10/19-12/13

Fitness							
<input type="checkbox"/>	Fitness Passport	\$43	NA	See Fitness Passport Schedule		Varies	10/19-12/13
<input type="checkbox"/>	Fitness Passport + Wraps	\$46	NA	See Fitness Passport Schedule		Varies	10/19-12/13
<input type="checkbox"/>	CC Package*	\$28	\$35	See Fitness Passport Schedule		CC 201	10/19-12/13

\*The CC Package provides access to all Fitness Passport classes offered at the CC. Purchase of the Fitness Passport automatically permits access to these classes.

Punch Cards – Not included in the Pick 2 Special							
<input type="checkbox"/>	1 Class Punch Card	\$6	\$7	Fitness Passport, Mind/Body & Gravity if space available			
<input type="checkbox"/>	5 Class Punch Card	\$21	\$24	Fitness Passport, Mind/Body & Gravity if space available			
<input type="checkbox"/>	10 Class Punch Card	\$36	\$42	Fitness Passport, Mind/Body & Gravity if space available			

Refund policy: Full refund within 6 days following the first class; 50% refund within 13 days following the first class. Please complete the following and return this form to the Student Recreation Center service counter.

Name:	Email:	Phone:
WSU ID:	Address:	
SRC Member? <span style="margin-left: 20px;">Yes</span> <span style="margin-left: 20px;">No</span>	Drivers License # required (for non-members):	
SRC Staff Only: Pick 2 bag/Bottle/Shirt # (Please circle which)		

Notice: A fitness passport, mind/body ticket or fitness punch card alone does not provide access to the SRC for non-members. Participants may gain access to the SRC via membership, day/guest pass, or a SRC punch card.