

Group Fitness COVID-19 Protocols

We appreciate your cooperation as we follow and enforce:



FACE COVERING

Please wear a face covering that covers both nose and mouth on all sides while in the building in accordance with Governor Inslee's mandate for the state of Washington. All patrons must continue wearing their face coverings in the fitness rooms during class.

DAILY ATTESTATION & RESERVATIONS

Before entering facility, all patrons will need to attest on my.wsu.edu or the WSU Mobile app that they have not recently experienced symptoms of COVID-19 or been in close contact with someone who has. Please show the attestation result to our staff at the front desk. If your attestation result does not indicate "you're good to go" and/or you did not schedule a reservation, you will not be allowed into the building. ****Fitness class registration counts as a reservation.***

ONCE IN FACILITY

Please keep in mind that locker room use will be limited, designated sinks and stalls in restrooms will be unavailable for use, and stairs will be divided in half with one side as "up" and the other as "down". All doors and gates will also be designated as Entry and Exit only. Towel service will be discontinued. We encourage everyone to bring their own towels. Water fountains will be turned off, but bottle filling stations will be available.

CLASS PROTOCOLS

Please check in with our instructors for entry into fitness rooms. Staff will direct you to a spot that will be at least 6 feet from others. Everyone may gather, disinfect, and return their own equipment, though we ask that you maintain physical distance from others at all times, including while getting and setting up equipment, waiting for class to start, and participating in physical activity. After class, please keep distancing from others until you exit and do not exit where you entered.

OTHER GUIDELINES

We recommend all patrons wash their hands or use facility-provided hand sanitizer upon entrance to the facility, training floor, or fitness rooms, prior to exiting, and throughout their reservation time. Please stay home if you feel unwell.

HIGH-RISK PATRONS

It is recommended that high-risk patrons continue to stay home to stay healthy. High-risk patrons include people over the age of 65, people with serious underlying medical conditions like chronic lung disease, moderate to severe asthma, and people who are immune-compromised.



MASK UP



← 6 FT →



ATTEST



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